**Class Activity 3:**

**Step 1: Identify an influential person in your life (influential in terms of interpersonal communication.)**

In paragraph form, describe what qualities of communication you admire in that person. (i.e. listening, paraphrasing, eye contact, positive self-image, etc.)  Be specific.  Use examples to illustrate your points.  Describe what communication qualities you have gained or desire to gain from that person.  Be specific.

My friend inspires me as he has a great sense of communication. When I talk to him, he gives full attention to my words and give me a positive response. Like when I talk to him, he responses me by saying yes, you are right, I agree with you etc. He continuously keeps eye contact with me throughout his conversation. He has courage and confidence in his thoughts. He uses paraphrases in his conversation to make me understand his views. He has much more inspired me. My friend has positive self-image. He is an optimistic approach. He always gives me positive picture of the future in all topics of discussions like politics, current affairs and future studies. He listens my views carefully and is eager to learn something. Moreover, the communication qualities, which I desire to gain from my friend, are his listening, eye contact, confidence and his optimistic approach in difficult matters.

For Example, yesterday we discussed the current third wave of COVID-19. I was worried about the situation that COVID-19 pandemic has ruined our business activities and educational systems etc. But it was my friend Hassan who gave me an optimistic picture of current situation. Hassan was of the view that vaccination has been started throughout the world especially in Pakistan. Government has closed educational institutions to control the spread of the disease. Similarly, Government is repeatedly issuing instructions to comply with SOPs. If public follow the SOPs, soon we will be able to get rid of this pandemic. I have been impressed by his positive attitude in the matter.